

Welcome to our Newsletter

Friday 4th August • Week 2, Term 3 2023



Principal's Message

I warmly welcome all new and returning families to Term 3! It's been a productive start to the term with children quickly settling back into routines and excitedly sharing their new learning.

A highlight for many has been the opening of the new Nature Playspace, whether it be taking turns on the nest swing, pumping water from the tap for their creations or role play in the cubby, the Playspace is definitely a popular place to be!

We are eagerly awaiting the arrival of BIG Childcare as our OSHC provider-I know that BIG are as excited as we are to get this much needed service up and running. I will keep you updated on how this progresses-there are a number of checks that need to occur before we are able to welcome children.

In addition to this, you may have noticed new students and families at our school as we prepare for the Intensive English Class to arrive. We are committed to being responsive to the needs of our community and this is another way that we are ensuring that all children in our local area can access a quality education, close to their homes.

As always, we encourage you to get involved with school life. There are a number of ways you can do so at the moment-Working Group: Board Project, volunteering in the Canteen, supporting teaching and learning in our classrooms or helping Caro with the gardens. We are happy to help with all required documentation-please just give a friendly member of our team at the Front Office a call to get this process started.

Thank you to all Reception families for joining us for 100 Days of School last week! We look forward to celebrating a number of community events with you this term-Book Week Parade, Grandparents Day, R U OK? Day and the Festival of Music! I look forward to seeing you soon!

Ella-Louise Ailmore
Principal



A Message from Mrs Przibilla

One of the most difficult things for parents to hear is their child putting themselves down or saying things like, "I can't do this because I'm dumb," or "He doesn't want to be my friend because I'm stupid." These statements, connected to low self-esteem, are very damaging. And if left unchecked, they can take a huge toll on a child's self-worth.

Knowing how to respond to your child when they say negative things about themselves is important. You can help them shift the focus from negativity to their abilities and potential. Modelling growth mindset in front of your child is one of the important ways that you can help to lessen that line of thinking.

If you find your child putting themselves down using negative self-talk, use these strategies to help them.

- Acknowledge the feeling, not the words – identifying what is bothering your child and separating the problem from your child's self-worth
- Use humour to help them see things differently – laughing can help break up the frustration and physically alter your child's state of mind
- Use specific praise to show your child how great they're doing around their attitude and efforts
- Talk openly about negative self-talk when your child is calm and regulated
- Talk about having a growth mindset

Taken from Ashley Cullins, *Big Life Journal*



Diary Dates

- 9th August – International Day of World's Indigenous People, Principal Tour at 10am & Governing Council Meeting at 2pm
- 11th August – SAPSASA: Athletics
- 17th August – PGHS transition visit
- 18th August – National Day of Action Against Bullying and Violence

**Important Date/
reminder...
7th August
Student Free day**

2023 Term Dates

Term 1
30 January - 14 April

Term 2
1 May - 7 July

Term 3
24 July - 29 September

Term 4
16 October - 15 December



Government of South Australia
Department for Education

15 Bradman Road, Parafield Gardens SA 5107 Phone: 8258 3612
Email: dl.1135.info@schools.sa.edu.au <https://www.karrendips.sa.edu.au>

[f Karrendi Primary School](https://www.karrendips.sa.edu.au)

A Message from Miss Cooke

Assessment for learning is a crucial part of the schooling experience. It is a great way for students to gain feedback on how their learning is going and it gives them the information they need to set personal goals. Assessment is also a critical resource in supporting teachers to know how successful students have been in their learning so far, what concepts the students have grasped and what they still need to learn. At Karrendi Primary School, assessment is a key contributor to teacher decision making around next steps for student learning and as such it is an ongoing process in a classroom. It can occur in many forms whether that be asking students questions, observing discussions, reviewing student work, just to mention a few.

This time of the year is an important time for assessment. It is our half-way point for measuring where the students are currently at in their learning, how we can support them to get where they need to be and clarify where they are going in their learning. Throughout this term, many of our students will be participating in more formal forms of assessment to give us this information. Students in year 3 to 6 are currently completing their DIBELS reading assessments and will soon complete a mid-year spelling assessment. Students from Reception to year 2 will complete Progress Monitoring and Spelling assessments, with our year 1 students completing the Phonics Screening Check later in the term. All students will complete their mid-year Heggerty assessments to help bridge the gap in reading and students from years 3 to 6 will complete the National PAT Assessments later in the term. The information that these formal assessments will provide us as a site is incredibly important when planning learning opportunities for our students, identifying students needing additional support and guiding future decision making for site-wide goals and processes.

Classroom Correspondence

Room 22

Last term we went on an excursion to the Botanic Gardens along with rooms 21, 23 and 24. We travelled by train and tram which was such a fun experience. At the Botanic Gardens, we explored Aboriginal plant use by looking closely at plants and considering life in Australia before European arrival. It was a fantastic day!



Specialist Team Talk

In Physical Education classes this term our students are going to be faced with some challenges, both physical and mental, for which they are going to need to develop their abilities in persistence, resilience and commitment in working towards a goal, when faced with a challenge.

For students in Years 2 to 4, we are currently building their coordination skills through learning to juggle with various different objects including juggling scarves, beanbags and juggling balls before moving into developing gymnastic skills such as balancing, rolling and tumbling, cartwheeling, hanging and swinging.

For students in Years 5 and 6, we are currently completing fitness testing to give us baseline information on their cardiovascular fitness, muscular strength, muscular endurance and flexibility. Students will use this information to set a fitness goal and we will spend our time this term learning and practicing for improved health and wellbeing.

So with this in mind, if you catch your child juggling a set of oranges in the kitchen or doing squat jumps in their bedroom you are welcome to embrace their motivation and join them in their learning.



Meet the Staff Member

Hello, my name is Sharon Jeffs and I have been a teacher at Karrendi Primary School for 15 years teaching a range of grades from Year 7 to Year 3. This year I have the honour of teaching the Year 4/5 class and absolutely love working with my students to build resilience and a positive mindset.

I live with my husband, Matt, who works as a support worker at Adelaide Special School and my youngest daughter Sarah who is a qualified nurse. I have one other daughter, Emma, who lives with her husband, also a Matt! She works as a teacher at Roma Mitchell Secondary College where she teaches students with special needs although she is on leave now, as she awaits the birth of our first grandchild.

This year I have had the pleasure of working as Karrendi's Autism Inclusion Teacher. For the first semester I have been heavily involved in learning as much as I can about Autism and how to effectively support our students and families in engaging positively. This has been an exciting experience for me and my students who have supported me in trialing the new learning with them.



Meet the Staff Member

Hello everyone, my name is Tayla and I'm an SSO at Karrendi Primary School. I started at Karrendi in Week 4 Term 2 and I've enjoyed making friendships with students and the community this school has.

I became an SSO this year and I've learnt so much already and can't wait to continue learning with the help of the students and community that is at Karrendi Primary School.

When I'm not working I'm either cooking, gardening, watching movies, hanging out with my pets (Eli, Daisy, Cheeta and Boots) or exploring Adelaide with my partner Jayden. I love meeting new people and being a part of a community.

Feel free to stop me in the yard for a chat or even to tell me that I look like Miss G (Room 5 teacher).



Community Hub

Welcome back to Term 3!

I hope everyone had an amazing break and is ready for an amazing term.

This term in the Hub we have some exciting things happening; we have partnered up with Morella House to be able to hold a 15 week accredited course which is Pathways to Children's Services. This will be held on a Friday morning starting on the 18th of August within the Community Hub and a free creche will be available too for those who need child minding. Spots are limited so if you are interested please contact me asap!

We also have two parenting courses being held this term. We have growing and learning in the family which is a 2 part course held on the 10th and 17th of August and Cyber Safety on the 21st of September- free creche is available for both courses also.

Our English Classes started back this week. Our English teacher Sue is still continuing with computing classes on Thursday mornings and during the Tuesday morning Thursday afternoon classes, she is focusing on numbers and everyday tasks like money values and shopping.

Our Monday, Wednesday and Saturday playgroups all started back last week it was lovely welcoming back all the children back after the break. If you're a dad or know of any family and friends that are looking for something to do with the kids on Saturday mornings remember we have our Dads Playgroup from 10am to 12pm.

Due to our volunteers having extra commitments this term our Op Shop is back to only being open on Monday mornings.



First Nations

Term 3 Significant Dates

4 August – National Aboriginal and Torres Strait Islander Children's Day

National Aboriginal and Torres Strait Islander Children's Day is an opportunity for all Australians to learn about the crucial impact that community, culture and family play in the life of every Aboriginal and Torres Strait Islander child.

9 August – International Day of the World's Indigenous Peoples

On this day, people from around the world are encouraged to spread the United Nation's message on the protection and promotion of the rights of Indigenous peoples.

6 September – Indigenous Literacy Day

Indigenous Literacy Day is a national celebration of culture, stories, language and literacy. This day raises awareness of the disadvantages experienced in remote communities and advocates for more access to literacy resources.

13 September – Anniversary of the UN Declaration on the Rights of Indigenous People

The United Nations Declaration on the Rights of Indigenous Peoples (UNDRIP) was adopted by the General Assembly on Thursday, 13 September 2007.

DRUMBEAT

This term we have started a program called DRUMBEAT, DRUMBEAT is an acronym that stands for Discovering Relations Using Music, Beliefs, Emotions, Attitude and Thoughts. The program utilises the African Djembe drums and supports participants to build connections, develop their social and emotional awareness, as well as experience the therapeutic benefits of drumming/music. The selected students had their first day on Monday and it was a lot of fun.



U8'S Ear Health Check

We had Jodie and Tash from Watto Purrunga Aboriginal Primary Health Service come out to do their annual visit of the U8's Ear Health Check Program.

The health check includes:

- Measuring your child's height and weight
- Checking your child's eyesight
- Checking your child's teeth and gums – "Lift the Lip"
- Checking your child's skin for sores and infections



If you missed out or would like your child/ren (younger or older) to be seen let me Marie know and I can help arrange this with you or you can contact Watto Purrunga on (08) 7425 8900 or visit their website: sahealth.sa.gov.au/nalhn



Safety Reminders

Morning Drop Off-Please support us in dropping children off from 8.30am onwards. Before this time, staff are not on duty and we cannot guarantee the safety of students.

Kiss and Drop Zone-Please support us in using this Zone correctly. The Zone is for a short time stop to either let your children get out or into your vehicle. If you need to stop your vehicle for a longer period of time, please do so further down Bradman Road. Please do not park in staff car parks at drop off or pick up time.

Thank you for supporting us in keeping our children safe.

Finance Reminders

Financial Statements were sent at the start of this term and the 2023 M&S Charges (school fees) are **now overdue**. If you are not eligible for School Card your family will receive the \$100 SA Government Rebate, reducing your fees to \$169 per child.

School Card Applications are due now. Please lodge your application as soon as possible. The online application process is quick and easy. Follow this link: sa.gov.au/education/schoolcard.

PAYMENT DUE

Pathways to the Children's Services Industry

Living and working with children

Fridays, 9:30 am - 1:00 pm
commencing 18th August
at Karrendi Primary School Hub

Please register your interest by contacting us on:
Email: aleesha.yi256@schools.sa.edu.au
Mobile: 0422571461

Creche available, booking essential

Free Course, eligibility criteria apply





Phantoms
SINCE 2003
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PLAYERS WANTED!

JUNIORS, WOMENS & MENS

**23
24**

LEARN NEW SKILLS,
MAKE NEW FRIENDS
& HAVE FUN!

PRE-SEASON TRAINING
STARTS SUNDAY 23RD JULY.
JUNIORS: 1PM - 2.30PM
SENIORS: 2.30PM - 4PM

RIDLEY RESERVE, ELIZABETH

FOR MORE INFO: [f](#) [i](#) [d](#)
SARAH: 0421 855 339
[HTTPS://LINKTR.EE/PHANTOMSSOFTBALLCLUB](https://linktr.ee/phantomsoftballclub)



MASTERY FOOTBALL ACADEMY

Training Program
Ages: U7 to U16 | 6pm & 7:10pm
Mondays at Parafield Gardens & Wednesdays at Elizabeth
Tuesdays at 166 Greenhill Road, Parkside
Mondays & Fridays at Wylde Street, West Terrace

School Holiday Soccer Clinics - U7 to U16
Ages U7 to U16
3-hour Soccer Clinics | 9am to 12pm
Eastern Clinic UniSA Magill Campus Oval
Central Clinic: Wylde Street, Adelaide

Girls Only Program
Ages: U7 to U16
Saturdays at Parkside | 10:15am & 11:30am
Thursdays at Parafield Gardens | 6pm & 7:10pm

Strength & Speed Program
Ages: U7 to U16
Saturdays at Parkside | 10:15am & 11:30am
Thursdays at Parafield Gardens | 6pm & 7:10pm

Mini Kickers - Ages 3 to 6
Ages 3-4 and 5-6
Saturdays 9am at Parkside
Mondays 4:30pm at Parafield Gardens

Claim Your Free Session Online!

[SoccerLifeMastery.com](https://www.soccerlifemastery.com) 0423 619 188 (Kyle)
[@MasteryFootballAcademy](https://www.instagram.com/masteryfootballacademy) Academy@SoccerLifeMastery.com




Karrendi Primary School
soaring to success

Holiday Swim

8TH TO 12TH JAN 2024

KARRENDI PRIMARY SCHOOL SWIMMING POOL

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COME & TRY ATHLETICS

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Monday Munno Para PS, Maitarra Rd 6.00 pm
Turrumurra Recreation Centre, 1000 Lower NE Rd 6.30 pm
Salisbury East Community Centre, 28 Smith Rd 6.30pm
Tuesday Greenwith Community Centre, The Golden Way 6.30 pm
Wednesday Modbury West Community Hall, Capulet Crescent 6 pm
Thursday Golden Grove PS, 140 Bicentennial Dr 7 pm

Access to all of the above Centres at no extra charge!

- Children can start at the age of 5+
- Self defence and anti-bullying program
- Non-Contact Training
- Experienced WWCC Instructors
- Sports Voucher approved provider
- Olympic Sport

BEGINNERS WELCOME

Enquiries: info@worldtaekwondo.com.au Ph: 0412 909 500
Website: www.worldtaekwondo.com.au Sports Voucher Approved Provider

COME & TRY
Sat 19 Aug 1.30pm

COME & TRY / INFORMATION NIGHT
Fri 8 Sep 5.45pm

BRIDGESTONE ATHLETICS CENTRE
FROST ROAD, SALISBURY



jets.org.au/preflight

Northern Districts Athletics Club
Family, Fun & Fitness

Term 3 Calendar

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Wk 1	24/7	25/7 100 DAYS OF SCHOOL- RECEPTION STUDENTS	26/7 Camp Quality Presentations morning	27/7 Ashura	28/7 Festival of Music Choir Rehearsal
Wk 2	31/7	1/8	2/8 ATSI U8s Ear Health Check Asse m bly 2.15pm Host class Rm 20	3/8	4/8 National Aboriginal and Torres Strait Islander Children's Day
Wk 3	7/8 Student Free Day	8/8	9/8 International Day of the World's Indigenous Peoples Principal Tour 10am Governing Council Meeting 2pm	10/8	11/8 SAPSASA: Athletics
Wk 4	14/8	15/8	16/8	17/8 PGHS Transition Visit	18/8 National Day of Action Against Bullying and Violence
Wk 5	21/8 BOOK WEEK SSO Week	22/8	23/8 Book Week Parade Special Lunch	24/8 Festival of Music Rehearsal Morphettville	25/8 SAPSASA: Girls Football/Boys Soccer
Wk 6	28/8	29/8	30/8	31/8 Father's Day Stall	1/9 Father's Day Stall
Wk 7	4/9	5/9	6/9 Indigenous Literacy Day	7/9	8/9 SCHOOL CLOSURE DAY
Wk 8	11/9 School dentist visit for reviews all week	12/9 Grandparents/ Special Friends Day Asse m bly 2.15pm Room 5 Hosting Principal Tour 4pm	13/9 GOVERNING COUNCIL MEETING 2PM	14/9 R U OK? Day	15/9 Carnival: Hot Shots Tennis
Wk 9	18/9 Optional Interviews at the request of families	19/9	20/9 Festival of Music Performance	21/9	22/9 SAPSASA: Tag Rugby
Wk 10	25/9	26/9 School Photos	27/9	28/9 School Photo Catch Up	29/9 WORLD HEART DAY COLOUR RUN LAST DAY OF TERM 2 EARLY DISMISSAL 2.05PM

